

# *Family* abundance

**WE GRAB LIFE BIG**



## FAMILY VALUES WORKBOOK

### Junior Dream Leader's Packet (For Kids up to 11/12-ish)

**STEP 2 (JUNIOR DREAM LEADER)**  
**PERSONAL ACHIEVEMENTS**

**Question: What have you done that you are very proud of?**

USE THE SPACE BELOW TO WRITE OR DRAW

# STEP 3 (JUNIOR DREAM LEADER)

## OUR HIGHEST STRENGTHS

**Question: What are your most powerful strengths, the qualities that make you the awesome person that you are?**

USE THE SPACE BELOW TO WRITE OR DRAW

# STEP 4 (JUNIOR DREAM LEADER)

## FAMILY LOVE

**Question: What are 3-5 things that you love most about your family?**

USE THE SPACE BELOW TO WRITE OR DRAW

1.

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2.

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3.

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4.

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5.

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## STEP 5 (JUNIOR DREAM LEADER) MOMENTS OF FAMILY GREATNESS

**Question: Think of all the times that your family has Grabbed Life Big together. Pick 1 or 2 of your favorite stories to share, and then write or draw what it is that makes these stories stand out as special in your mind on post-it notes.**

YOU'LL BE DOING THIS ACTIVITY ON A FLIP CHART PAGE, BUT FEEL FREE TO USE THE SPACE BELOW FOR BRAINSTORMING, TAKING NOTES, OR DRAWING PICTURES!

## STEP 6 (JUNIOR DREAM LEADER) IDENTIFYING OUR FAMILY VALUES

**Question:** Think about all of your Family Grab Life Big Stories that you, and the rest of your family, thought about and shared. Take a minute to appreciate how awesome your family is.

**A value is defined as “a person or group’s principles, standards of behavior, or judgments of what is important in life”. Think of all of your family’s most special stories. Based on this definition of a Value, what would you say are some of your family’s most important Values? Write them down on post-it notes (3-5 per person).**

YOU’LL BE DOING THIS ACTIVITY ON A FLIP CHART PAGE, BUT FEEL FREE TO USE THE SPACE BELOW FOR BRAINSTORMING OR TAKING NOTES!

## STEP 7 (JUNIOR DREAM LEADER)

### IDENTIFYING OUR FAMILY VALUES

For this final step of the Family Values Workbook, we're going to ask you to make some commitments in order to ensure that your family is doing its best to live up to its family values.

Answer the questions below, and in a few minutes we will share them with our families.

1. What is a commitment you're going to make to **YOURSELF** to live up to these values every day?
2. What is a commitment you're going to make to **EACH MEMBER OF YOUR FAMILY**?
3. How would you like to see your family living your family values every day?
4. What suggestions would you like to make for the Family's Commitment Plan?
5. How will you commit to **SUPPORTING** other members of your family in living out family values?